

PG DIPLOMA – 6MONTHS (2 SEMESTER)

PG Diploma Facial Aesthetics & Reconstruction

PG Diploma in Clinical Cosmetology & Advance LASERS

PG Diploma Medical Trichology & Hair Transplant

1st Semester: 2 Months (Theory + 15days Hands on)

2nd Semester: 2 Months (Theory + 15days Hands on)

Internship & Log book – 2 Months

(Lectures, Panel discussion & Live Surgery)

PG DIPLOMA IN CLINICAL COSMETOLOGY & ADVANCE LASERS

SEM I - 2mnths Theory +15days Hands on

SEM II - 2Mnths Theory +15days Hands on

Internship - 1Mnth

INTRODUCTION

- Introduction to the World of Cosmetology

SKIN

- Structure & Function
- Skin Appendages
- Skin Types
- Common Cosmetic Skin Conditions
 - CHEMICAL PEELS
 - Superficial Peels
 - Combination

Chemical Peels

- Peels Classification
- Peels 6 Characteristics
- Understanding of Different Peels
- Patient Evaluation
- Indications/Precautions
- Patient Selection

SKIN CONDITIONING

- Indications/ Contraindications
- Side Effects
- Results
- Skin Regimen

CHEMICAL PEELINGS:

- Superficial Peels
- Combination Chemical Peels
- Pigmentation of the Face-Evaluation and Treatment
- Medium Depth Chemical Peels
- Facial Peels
- Classification – Superficial, Medium, Deep, Augmented
- Characteristics- Glycolics/AHA/ Fruit Peels/ Jessner/ TCA/Phenol/ Retinoic Acid/Microdermabrasion/ Combinations
- Basic Understanding of each Different Agent- Indexations for
- Use/Contraindications/Mode of Application/Mechanism of Action/

Potentiating

- Factors/ Adverse Effects

ACNE

- Acne Pathophysiology
- Acne Classification
- Medical management
- Use of lasers
- Treatments of Acne scarring

BOTULINUM TOXIN

- The Product
- Indications
- Facial Anatomy in Detail
- Mode of Action
- Regional Anaesthesia for the Face
- Duration of Action
- Appropriate Doses/ Dilutions
- Safety and Toxicity
- Storage and Transport
- Side Effects and Complications: Allergic/ Regional

DERMAL FILLERS

- Introduction to dermal fillers
- Pharmacology
- Types of Dermal Fillers (Restylane, Perlane,

Juvederm etc.)

- Patient selection for dermal fillers
- Side Effects and Complications
- Recommendations
- Combination Therapies
- Botox and Fillers
- Botox and Skin Resurfacing
- Light Therapy and Skin Resurfacing

SEM II

LASER 1

- Introduction to Lasers
- History, Laser Physics & Vocabulary
- Types of Lasers
- Laser & Skin Interaction
- Side Effects and Complications
- Recommendations
- Combination Therapies

ADVANCED LASERS

- Ablative/Non-Ablative Lasers
- Pigment/Tattoo Lasers
- Q-Switched Lasers, Hair Removal Lasers
- Intense Pulsed Light (IPL)
- Pre-and Post-Treatment Do's and Don'ts
- Skin Rejuvenation

- Skin Resurfacing
- Skin Tightening
- Laser Chromophores
- Choosing Appropriate Settings
- Available Aesthetic Laser Technologies in the World
- Comparison between Lasers
- Management of Complications of Lasers and IPL
- Newer Technologies – RF /IR/ Fraxel / Infrared Devices
- Laser Safety
- Treatment Techniques

OTHER MINOR PROCEDURES

- Derma Stamp/Derma Roller/Dermapen
- Electrocautery / Incision & Closure Techniques
- Skin Biopsy, Mole & Skin Tags Removal
- Thermolysis/ Electrolysis for Depigmented Hair Removal
- Dermabrasion
- Microdermabrasion
- Thread lift

GLUTATHIONE

- What is Glutathione
- Importance of glutathione
- Benefits of glutathione
- Glutathione in skin lightening therapy
- Mode of action
- Glutathione IV injection procedure

BODY CONTOURING and TIGHTENING DEVICES

- Radio frequency devices
- R.F. Mono/ Bi & Tripolar (Exilis, Reaction, Pollogen etc.)
- Fraxel R.F,
- Ultra Sound based devices
- Cryolipolysis Technologies
- Acoustic Wave Therapy (X-Wave)
- Cellulite Reduction Device

CASE PRESENTATIONSASSESSMENT